



Chapman Elementary Spotlight Newsletter September 12, 2016

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Calendar

9/16	PTA General Meeting (8:30 am); Volunteer Training (9am)
9/20	Picture Day (1 st - 3 rd Grades)
9/20	Dining Out Night at North45
9/21	Late Opening (10 am); Picture Day (4 th and 5 th Grades)
9/22	Picture Day at the Ramona
9/22	PTA Clothing Closet
10/3-10/7	Book Fair!
10/6	TAG Information Session
10/14	NO SCHOOL (Teacher In-Service Day)
10/19	Late Opening (10 am)

Principal's Message

What a wonderful start to a new school year! I have enjoyed catching up with your children, hearing about their summer adventures and meeting our new students and families. It was fantastic to see so many of you at our Back to School events last Thursday.

Our buses are now running smoothly. Please be careful not to park in the bus zone during drop off or pick up, as they can't unload or load safely and it may result in a ticket. Finding a parking spot in the drop off zone along Pettygrove St. can be tough. Thank you for staying at the wheel in the drop zone and for not lingering too long in these hard to get spots so that you can open them up for other families that are waiting to drop off students in time for the 8:00 bell.

Mr. Studt is excited to continue our Safety Patrol Program this year. It will be a great opportunity for our fifth graders to take on a leadership role as a Crossing Guard. This program will be up and running as soon as we can identify and train our interested fifth grade students.

The cafeteria is shaping up to be a nice place for our students to eat lunch. There is excellent supervision with a mix of administrators, teachers and assistants and we have been impressed with our student behavior and noise level in all three lunches thus far!

At Chapman we want to provide assistance to our families who are in need of coats, clothing, shoes, backpacks, or school supplies for enrolled Chapman and Chapman at the Ramona students. We have a very dedicated Outreach Committee, but a student's name and information is kept confidential from committee members. We have many resources to offer, so please don't hesitate to contact us by phone or email. You may reach out to either of our counselors, Stephanie Cox (scox@pps.net) or Ariel Frager (afrager@pps.net) or myself (bkuether@pps.net) for any support you may need throughout the year. If you feel more comfortable contacting your child's teacher, feel free to do so.

Thanks for all you do to make Chapman such a special place. We are so excited for another great year!

Sincerely,
Britt Kuether
Assistant Principal

From the Ramona, Assistant Principal, Diana Kruger

Happy Back to School!! Chapman at the Ramona has just completed our first full week of school and we are totally rocking and rolling. I am so thankful to be at Chapman at the Ramona. The staff is out of this world and Kinder families are so supportive. The building is ready and the views are breathtaking. From the Fremont Bridge to daily trains, our students are going to have a very engaging environment to work and play in. Our two primary goals this year are to have fun and be safe.

The building presents some unique experiences and logistics, but our staff have been working collaboratively to ensure student's safety and learning. We have also been working to make sure that students experience a joyful time while they are at school. We want all students to be engaged and curious. This week our 3rd grade Reading Buddies walked down for a visit. We ate lunch together, read together and played together. What fun!!!!

Counselor's Corner

The Chapman School Counseling Department provides comprehensive counseling and guidance support to all Chapman students. Our goal is to help provide a safe and caring learning environment by providing direct instruction in social and emotional learning.

Our program has several components that are the shared responsibility of both Stephanie Cox and Ariel Frager, the Chapman counselors. This year we will be joined by PSU school counseling intern, Alison Weaver who will work with students at the Ramona once a week.

Stephanie provides all class guidance lessons focused on issues like equity, career exploration, self-concept, social skills, problem solving and transition to middle school. Whole class guidance gives all Chapman students important opportunities to discuss their social issues and their emotional lives within the classroom setting.

Ariel provides direct, small group instruction in the areas of social skills, emotional regulation, and managing grief and loss. Small group direct instruction is a valuable tool for students who need more focused attention and/or a smaller setting to gain mastery in the social/emotional areas of the educational experience.

Ariel is providing mindfulness instruction in the classroom settings. Mindfulness practice is an important tool for social/emotional learning. Research has shown that when children have the capacity to regulate their emotions through being still and paying quiet attention to their experience they are more empathic, experience less anxiety and are better able to cope with stress.

Both Ariel and Stephanie support individual students as need throughout the school day. Stephanie will be working directly with our Chapman Kindergarten students who are at the Ramona. Please contact either Ariel or Stephanie if you would like more information regarding our work or the needs of your child.

IMPORTANT MESSAGE REGARDING THE RAMONA

It has come to our attention that Hoyt Street Properties is planning on using the impact hammer for pile driving on the vacant lot on NW 11th & Pettygrove, just a block away from the Ramona Campus and the Fields Park, where recess is conducted twice daily. It is scheduled for October 3rd - January 27th between the hours of 8 am and 6 pm. The last time the impact hammer was used in the Pearl District was in April 2014. Since that time, 13 different developers have agreed to use the quiet augercast drill on their projects in the Pearl District. Hoyt Street is the only developer to use the impact hammer in the past two years. It is clear from documentation received that the decision to use the impact hammer is strictly financial. The impact hammer used in 2014 measured at 110 decibels. There is clear documentation that children exposed to noise levels above 85 decibels are at risk for permanent hearing loss. The Chapman PTA and Administration are working with local neighborhood advocates to fight this but we need your help! Please help and direct your complaints to Tiffany Sweitzer (TiffanyS@hoytliving.com), Flemming Loftberg (FlemmingL@hoytliving.com), Paul Van Orden (paul.vanorden@portlandoregon.gov).

FALL CAMPAIGN IS ON!!

Our goal is \$230,000 - one-time and monthly donations are accepted. Many companies provide matching donations, please check with your employer. Funds raised are used to provide educational assistants, classroom enrichment opportunities and special projects. Donations can be made online at www.FriendsofChapman.org or turned into the office. Contact Nici Griffith at bnqhefele@comcast.net for more information.

Slabtown - New Seasons Market has voted in **Chapman Education Foundation** as one of our three Bag it Forward partners. Starting on August 10th, customers receiving a 5¢ reusable bag refund can choose to donate their refund to an organization that aligns with our three charitable giving focus areas: hunger relief, environmental conservation and supporting K – 12 schools. In addition, their current **Kids for Cans** program takes 100% of the proceeds from refundable cans and bottles donated to your local New Seasons store and gives them to the Neighborhood Schools Foundations! Last year \$59,584 was raised!!

Upcoming Events

- **Swift Pizza Nights-Friday and Saturday Nights in September**
The Swift migration has begun! Support Chapman PTA by purchasing pizza, Chapman t-shirts and drinks while you and your family watch the Swifts spiral into the school chimney. 100% of the proceeds support Chapman school! Pizza sales happen every FRIDAY and SATURDAY night in the month of September! Contact Christian at christian@mustreed.com if you want to help or if you would like to pre-order a whole pizza for \$30.
- **Please join Hillside Soccer Club at the Timbers game this Saturday, September 17th at 3:00p.m.** Tickets are \$35. Contact Chris Sameck at chris.sameck@gmail.com to arrange purchase and pickup of the tickets. Chris will be at the Chapman roundup this Friday with tickets.
- **Book Fair!** Come support Chapman Elementary while stocking your bookshelves! The annual Scholastic Book Fair will be held from October 3-7 every morning from 7:40 - 8:00am and after school from 2:15 - 3:00 in the downstairs art room. Not able to attend the book fair? No problem! We also have an online site to order from until October 20th. All online orders will be delivered to the school. Check out the online sale at <http://bookfairs.scholastic.com/homepage/chapmanelementaryschool1>.
- **Chapman Dining Night--Dine Out and Support Chapman!**
Join other Chapman families for the first Chapman Dining Night of the school year! Enjoy dinner with the entire family at a Chapman favorite, North 45 on Tuesday, September 20th. It's certain to be an evening that will please everyone and 10% of the evening sales go directly to support our school and its programs!

Volunteer Opportunities

CHAPMAN PTA and FOUNDATION NEED YOU

There are a few openings within the Chapman PTA and the Chapman Foundation. We work with teachers, parents and administrators to solve challenges, expand opportunities, plan events, fundraise and realize improvements at Chapman. If interested, contact PTA President: Christy Marten (ctmarten@gmail.com):

Vice President of Education Foundation - Assist Foundation President with administrative tasks, run meetings in President's absence

Wordpress Guru - Support our fundraising efforts and community connection by getting our website up and running!

Outreach Coordinator- Work closely with the Assistant Principal to ensure that all students have their basic needs met so they feel confident and thrive in school. Shop on a budget for items to meet the needs of the students we serve. Also, recruit parents to shop and fill baskets for both Thanksgiving holiday weekend and winter break.

- **PTA Clothing Closet, Thursday, Sept. 22nd is Chapman's day to send 5-6 volunteers** or more to be a "personal shopper" to help kids receive clothing or to help sort donations to get them put out. The volunteer hours are 9:30am - 1:30pm at Marshall HS Campus, 3905 SE 91st Avenue. The main cross streets are SE 92nd and SE Powell, out by the Chucky Cheese.
Volunteers will need to check in and check out at the Franklin HS Main Office. We will have about 30 - 50 kids each volunteer day and NEED volunteers. We helped nearly 1,800 students last year! Each school is responsible for sending volunteers on their assigned day. We don't want to have to send away kids because we don't have enough volunteers. At Marshall (Franklin HS) Campus, enter through the main entrance and check in, then come up to the Clothing Center. Contact Tiffany at tiffanydmd@hotmail.com if you can help.

- **The Chapman Scholastic Book Fair needs your help!** We're looking for volunteers to run the cash registers and help kids find books before and after school the week of October 3-7. Signup online at <http://signup.com/go/iNKd3e> or email missylieser@gmail.com.
- **Picture Day – Tuesday and Wednesday, September 20th-21st (Chapman), Thursday, September 22nd (Ramona)**
Volunteers for picture day help students get to and from the art room and assist photographers with photo cards, etc. We are looking for two volunteers, two shifts per day (morning and afternoon shifts). Please contact Tiffany at tiffanydmd@hotmail.com.
- **SAVE THE DATE: Chapman School Auction.** Friday November 18, 2016 at Pure Space! VOLUNTEERS NEEDED NOW: please contact veeryharper@gmail.com to find out how you can help.
- **Chapman lunches:** Join us in the lunch room from 11-12:15 pm. Everything is different except the kids and the need for help. There are three separate waves of lunch. Kate and Martha (the new lunch team) would appreciate the help. Please let Tiffany know if you can volunteer at all this year in the kitchen especially the first few weeks. Please contact Christian Reed at christian@mustreed.com if interested.

Community

Hillside Soccer League is now open for registration for kindergartners! Please visit <http://www.lincolnyouthsoccer.org/hscf> for information and registration.

Message from the School Nurse

It's my hope that your student will have a successful and healthy school year. I am here to:

- Assist students with chronic health conditions
- Assist with communicable disease outbreaks
- Provide direct nursing care to students who become ill or injured at school
- Assist families in understanding and complying with Oregon State immunization requirements
- Promote healthy lifestyles by sharing important health tips in the school newsletters

Here are some general guidelines to use in deciding if you should send your student to school:

- No student with a TEMPERATURE OVER 100.5 degrees should be sent to school. The student should remain at home until fever free for 24 hours without the use of fever reducing medicine.
- Any student with a STOMACH ACHE, DIARRHEA, or who CANNOT KEEP FOOD DOWN should be kept at home. The child should be kept at home for 24 hours AFTER the symptoms stop.
- No student with a RASH should be at school. Consult your medical provider if the rash persists or if there is a fever with a rash.
- No student with COLORED DRAINAGE FROM EYES OR EARS should be at school. Contact your health care provider.
- Common COLD symptoms include: cough, runny nose, and sore throat are best treated at home if he/she is uncomfortable or if the symptoms interfere with classroom work. If these symptoms persist, contact your health care provider.

Medication at school:

Oregon School Board guidelines state medication necessary during school hours to keep a child in school may be given by medication trained staff. Prescription and over the counter medication (including Tylenol, cough drops, creams, eye drops, and allergy relief) must be checked in at the school health office by a parent or guardian and the Authorization for Medication Administration for completed. All products must be in their original packaging; prescription medication must have the pharmacy label affixed. It's the parent's responsibility to provide refills as needed.

Preventing illness:

The CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Everyone 6 months of age and older should get a flu vaccine now. Please cover coughs and sneezes with a tissue or elbow – do not use hands! Wash hands for at least 30 seconds – it's the number one way to keep germs from entering our bodies.

This is the time of year when families are reminded of updates needed for their child's immunizations. Near the end of the month when those who still need additional immunizations receive notification in the mail, please take the time to read the information and contact your student's health care provider. Vaccinations are not only essential to you and your student's health, but to the overall health of the school community and surrounding areas of the city.

Please do not hesitate to drop in the health room or contact me.

Best wishes for a safe school year,
Mary Corcoran, RN, BSN

Stay Connected

Get more information about the latest at our school. Join us online: FriendsOfChapman.org and [Facebook](https://www.facebook.com/friendschapman).

District policy prohibits discrimination on the basis of age, color, creed, disability, marital status, national origin, race, religion, sex, and sexual orientation. BP 1.801.020. Not all outside groups comply with the District's non-discrimination policy. Families are strongly encouraged to review all materials closely.

Chapman Spotlight is a weekly PTA publication of Chapman Elementary School, a National School of Excellence.
Office Address: 1445 NW 26th Ave., Portland, OR 97210 (503) 916-6295.
Website: www.friendschapman.org

Thanks to our sponsor



Thanks to our community partner: Friendly House

Friendly House News: After school registration for 2016-17 now open and filling fast! Sign up [online](#) – scholarships available. Announcing preschool registration for 2016-17 open on 4/15! Sign up [online](#).